

I AM FREE TO BE ALL I CAN BE.

Independence is something only I can give to myself.
Any restrictions only exist in my mind.

I am free from living with the expectations and limitations put on me by others.

I am free from any social pressures. My focus keeps me from being affected by the negative opinions of others.

My parents, friends, and family love me, but I am responsible for living my own life. I am focused on reaching my destiny.

I have the time and resources to pursue any dream. *I am able to acquire the resources I need to reach my ultimate potential.* If I require a mentor, I am able to find one with minimal effort. Everything I need to grow and develop comes to me effortlessly.

It is freeing to know what I want and how to get it.
Indecisiveness saps my energy and steals my time, so
I make decisions quickly and easily. ***I stick to my
plans and make them work.***

Today, I am throwing off the last chains of limitation. I
have the freedom to be all I can be. I am taking control
of my life. I have goals and a plan to achieve them.
Nothing can stop me!

Self-Reflection Questions:

How have I let the expectations of others limit me in
the past?

What do I really want out of life?

How can I ensure that I am brave enough to be all I
can be?